

LE MESSENGER



ÉCOLE ST-SACREMENT BLESSED SACRAMENT SCHOOL

MARCH 2022



Principal's Message:

Chères familles d'ESS et communauté,

We find ourselves in a time where so much is going on in the world we live in. As things reopen around us, we are noticing changes locally and internationally. I reflect on how we can contribute. In Jesus' words to us in the book of Matthew, He says, "You are the salt of the earth, the light of the world." To be His hands, we are called to be engaged people and to be visionaries for our community. It is not by mere chance we have been brought together at ESS. God has placed us exactly where we ought to be at this time in our lives. May this Lenten season be a time of **prayer** in service to our school family, **giving thanks** to our supportive faith community and for our open churches, and **fasting** for peace in the world.

As we discern all these things, I invite you to join PEC, our school staff and myself for our Parents' Night this Thursday, March 3rd at 6:00 pm.

May God continue to bless your families.

Que la paix soit avec vous,
Mme Mykyte

MARCH



Feb 28-Mar 1: Carnaval d'ESS
(students invited to wear plaid)

Mar 2: Ash Wednesday Mass 9am

Mar 3: Parents Night 6pm (in-person in the church & on Zoom)
[<< Click here for the Zoom link >>](#)

Mar 4 & 7: Re-registration Package
Drop-off: in-person at the office
8am-4pm

Mar 6: Sunday School Choir

Mar 8: Class Photos & Individual
Grade 7 Grad Photos

Mar 11: Green dress down day (for
St. Paddy's) Noon Dismissal/ No
After School Care

Mar 12-27: Spring Break

Mar 28: Last day to place Purdy's
Chocolates order for Easter
French Play Presentation From
Théâtre la seizième

APRIL

April 5 & 6: Student-led conferences (in-person and at home options) - **noon dismissal on both days and No ASC**

April 5 & 6: Scholastic Book Fair

April 15: Good Friday

April 16: Easter Vigil

April 17: Easter Sunday

April 18: Easter Monday



MASS YOUTUBE LINK:

Parents and family members are invited to join the parishioners in the jubé during our school masses starting tomorrow, Ash Wednesday mass at at 9am .



PRAYERS FOR UKRAINE & PEACE

Today, our grade 7 students, Mme Rodrigues, and Mme Mykyte brought flowers and our prayers to our neighbouring Ukrainian Church. Please join our community in continual prayer for Ukraine and for peace.



CISVA: ONE FAMILY

This was a unique opportunity to celebrate both the Year of the Family (dedicated by Pope Francis), and the CISVA school year theme of "One Family, One Hope in Christ". Serving Christ as a family is our very own Mme Domingos with her husband M. Fitz and son, M. Lukas.





HEALTH & SAFETY UPDATES

Our PEC and health and Safety Committee are pleased to share with you the following updates to the Health and Safety plan based on the new protocols recently outlined by the Ministry of Education's announcement on Feb 15th.

Effective immediately:

- Spectators are once again welcomed to all school events, including sports games, masses and assemblies. Students may attend all school events at full capacity such as mass and assemblies. School games or events to which guests and spectators are invited will operate at 50% capacity. There continues to be no proof of vaccination required for any K-12 school events. (Please note: According to the Educational Athletics Committee, spectators will be allowed at 50% capacity after the grade 7 basketball playoffs. Also to note, some of the public venues for events do require vaccination passports.)
- Masks continue to be required indoors unless eating or doing strenuous physical exercise but are optional outdoors.
- We continue to ask all parents, guests and visitors wishing to enter the school building (or gym) to check-in at the school office via the main school entrance wearing a mask, where you will be provided with a visitor lanyard.

Although these changes are long-awaited good news, it's important to review our school Communicable Disease Plan. We will continue "to apply a trauma-informed lens to [our] planning." We kindly ask families to continue to perform a daily health check prior to school start. If a child is feeling sick, please stay home until symptoms have cleared and they are ready to return to their learning environment. At drop off and pick up, we also ask you to maintain a safe distance from students during the lineup entry and at the locations where students are being dismissed.



RAPID ANTIGEN AT-HOME TESTS

Rapid antigen at-home tests have arrived! You can pick up your family's kit at the office on Thursday or Friday (when dropping off the re-registration package). One-per-family. Please keep them for testing at home, especially before returning to school after spring break.

RE-REGISTRATION 2022-2023

Return completed re-registration packages, with the \$50-per student registration fee, to the office on Friday March 4th or Monday March 11th. The office will be accepting re-registrations from 8am-4pm on both days.



PARENT'S INFO NIGHT

We offer you an opportunity to receive updated information directly from our PEC, School Administration, and teachers. The first part of our evening will be a presentation by the PEC to all parents followed by the teachers' presentations on Human Growth and Development: I am a Gift from God, Body Matters programs (K-3, 4/5, 6/7), and Open parachute (K-7). This information comes at a much needed time for our children and families. You are strongly encouraged to attend this one-time a year special event.

In-person: in the church

Zoom: [click here for the link](#)

RE-REGISTRATION PACKAGES

RETURN DATES:

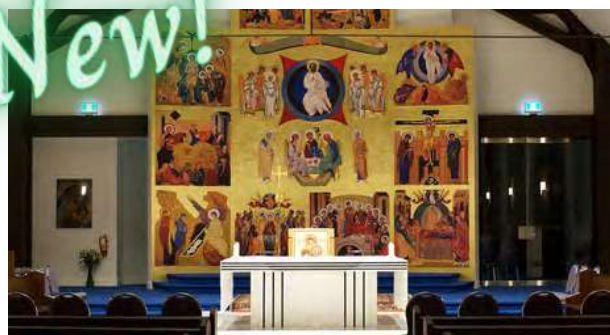
MARCH 4 & 11TH

8:00AM - 4:00PM

\$50 PER STUDENT

**PAYABLE BY CASH, CHEQUE
OR TAP**

New!



FRIDAY SCHOOL MASSES

New Protocols:

Our school has the grace to attend mass every Friday at 9am. With the restrictions lifted, starting March 4, 2022, the whole school will be attending mass, including all staff. The school will be locked and there will be no supervision in or outside the school. Therefore, any student who arrives at the school past 8:55am must be brought into the church by the parent, with all their belongings. Parents are welcome to stay for mass in the upper room with the parishioners.



*Thank
you!*

KINDERGARTEN / GR. 1

Parents, when dropping off or picking up your child, please stay behind the posts under the covered area in order to ensure students can safely enter school with their teachers.



YEARBOOKS 2021-2022

Yearbooks are now on sale! Order online today! They are \$40 each and will be arriving in early September. We have lots of great photos this year so get them early!

- Go to the secure on-line site <https://ybpay.lifetouch.ca/>
- Enter the Yearbook ID code: 10486622
- Enter your child's name and grade
- Follow the prompts

If you have any questions please email Ayisha at yearbook@ess.vancouver.bc.ca



UNIFORMS

ESS Uniform

The full uniform includes a white shirt, sweater, kilt/tunic or pants, navy blue socks, and black shoes. Ties are for intermediate grades only, and must be worn on Fridays to mass. *Go to the last page to view uniform photos.*

Uniform vs Spirit Wear

Our Spirit Wear includes any additional ESS items purchased through the [UR Store](#). This typically includes sweatshirts and sweatpants.

NO ROLLER SHOES
AT SCHOOL, PLEASE,
as they are not
part of our school
uniform and can be
hazardous. MERCI.



PBS

In February, using l'orque as our theme, we focussed on friendship and compassion. In recognition for all their efforts, the children were rewarded with an afternoon of cooperative games in the classroom. As spring approaches, we have chosen the bear, l'ours, as our symbol for March. The bear in Indigenous cultures represents strength, family, health, and courage. This month, we will focus on the value of courage, in particular, when we may need to look for it during challenging times.. Thank you for continuing to support our Positive Behaviour Support Plan by reinforcing our themes at home.

St. Bridget
(Brigid)



Irish Blessing

*May the road rise up to
meet you.*

*May the wind be always
at your back.*

*May the sun shine warm
upon your face; the*

*rains fall soft upon your
fields and until we meet*

again,

*may God hold you in the
palm of His hand.*



SPORTS UPDATE

Congratulations to our **Grade 4 & 5 Boys** who played outstandingly all season! Finalists in the Emerald Tournament, they won second place. We'll done!

Congratulations to our **Grade 6 & 7 Girls** basketball team as they have played their whole season undefeated! They are heading to CISVA Basketball Championships on Tuesday, March 1st at the Richmond Olympic Oval.



SALMON IN GRADE 4!

The grade 4 salmon hatchery has some exciting news! Over the past week, the grade 4s have been enjoying watching as their salmon eggs hatch and become alevins! An alevin is the life stage between egg and fry. At this stage, the little fish still has an egg yolk attached to their tummies where they get their food from. During this stage, the little fish don't do much other than lay around and try to find hiding places throughout their small habitat. While still a little far away, the grade 4 class is getting very excited for their field trip after spring break where they will be releasing their salmon fry back into nature, in the same river that they were first collected as eggs."





Photo: Spirit Lake & Mt St Helen's, USA

TRAVELLING OUTSIDE CANADA?

The federal government has announced changes to the entry requirements for those that return to Canada after travelling abroad effective February 28th. Of particular interest for schools is the change to the requirement restricting student school attendance for 14 days after their return to Canada:

- Children under 12 years old, travelling with fully vaccinated adults, will continue to be exempt from quarantine, without any prescribed conditions limiting their activities. This means, for example, they no longer need to wait 14 days before attending school, camp or daycare.



BABY Gianna Marie

At the end of February, Mme Gabriela welcomed her baby girl, Gianna Marie. May God bless their family. Congratulations!

SPRING BREAK
March 12 - 27.
School reopens
March 28!



SPRING BREAK CAMPS

Here are some suggestions for camps. This list is meant to solely act as a resource for parents. Please do your due diligence in researching the program/organization. Please note that our school is not affiliated with, promotes or supports any of the following programs.

- [Chatter Block Guide](#)
- [Mad Science Vancouver](#)
- [UBC GeeringUp](#)
- [Ultimate Frisbee](#)
- [Arts Umbrella](#)
- [Lego Robotics](#)

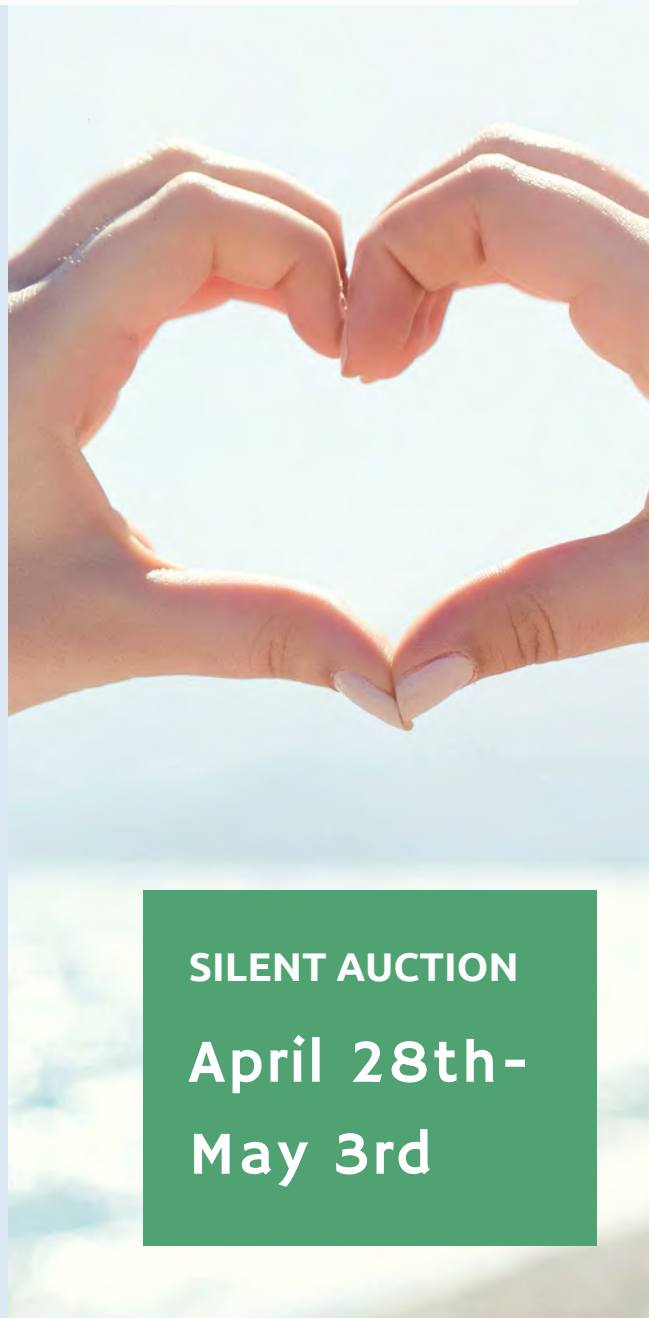
COMING UP SOON!

FROM THE HEART SILENT AUCTION



LAST MONTH TO DONATE ITEMS!

We are heading into our last weeks of preparing for our annual 'From the Heart Silent Auction 2022! Forms have been sent out for donations for this years' auction (new or in unopened packages). Look for more information coming to you from your classroom parent. This is an event you don't want to miss out on! **Parent participation opportunities are available on the portal.** April 1 is auction item drop off at the school office.



SILENT AUCTION
April 28th-
May 3rd