

LE MESSENGER



ÉCOLE ST-SACREMENT BLESSED SACRAMENT SCHOOL

OCTOBER + NOVEMBER 2023



Octobre

Principal's Message:

We are thankful for the gift of faith that unites us, for it is through faith that we find strength, solace, and the power to make a positive difference in the world. We are grateful for the opportunity to nurture the minds, hearts, and souls of our students, instilling in them the values of love, compassion, and service.

Our community is **blessed** with dedicated educators who inspire our students to grow academically, spiritually, and morally. We are thankful for parents and families who support and entrust us with their children's education.

As we stand today, we've made significant progress toward our walkathon fundraising goal, but we're not quite there yet. The finish line is in sight, and now is the time for us to rally our collective spirit and continue pushing forward. **Why Our Goal Matters:** Our goal isn't just a number; it represents our commitment to making a real impact. We set this goal because we believe in the future of our school and we know that every dollar raised brings us one step closer to providing better programs for our children and a safer school facility.

The Final Stretch: We are now entering the final stretch of our fundraising journey, and we have what it takes. This is a challenge and a sacrifice for our families but each family must partake in order to make it a reality. **Your Role:** Each and every one of you plays a crucial role in this journey. Whether you've already contributed, are planning to, or are spreading the word, your efforts are essential. We're in this together, and your support and commitment are what drive us towards our goal. **The Power of Community:** We are a community! Together, we can accomplish more.

Next Steps:

- Continue to share our cause with your friends, family, and networks.
- Keep the momentum going by reaching out to potential donors

By working together, we can reach our ultimate goal and go beyond it. Let's keep our eyes on the prize, our hearts full of passion, and our efforts united.

Thank you for your unwavering support, and let's continue this journey together, with hope, determination, and the belief that our goal is within reach.

With heartfelt gratitude and enthusiasm,

Mme Mykyte

THIS MONTH

- OCT 6:** Marchethon (Walkathon)
- OCT 9:** Thanksgiving (school closed)
- OCT 12:** Art Club (for registered students)
- OCT 13:** Mass led by grade 3
- OCT 17:** Chapelet Vivant
- OCT 20:** Provincial Pro D (no school)
- OCT 26:** Art Club
- OCT 24:** D.E.A.R. (students and staff will Drop Everything And Read!)
- OCT 27:** Mass led by grade 7's
- OCT 27:** Walkathon wrap-up assembly
- OCT 27:** School choir singing at 11 am mass



Check our website for updates and new events!

HELPFUL LINKS FOR PARENTS P.6

Photos from
Marcheton

available online!



Winter Uniform in Effect

A friendly reminder that our winter uniform is in effect until May 8th 2024. Visit our website for more details and uniform requirements.



AVAILABLE UPON REQUEST

Halloween Costumes



With Halloween fast approaching, Student can dress-up if they wish on October 31st. Please ensure that your child's costume is appropriate and suitable for our Catholic school community.

For example, students are not permitted to wear the following:

- Any costume that covers the face. Staff members must be able to identify students.
 - Costumes that are revealing, or employ questionable props, including fake weapons.
 - Costumes that depict violence, alcohol, or drugs.
 - Costumes that could be offensive or perpetuate a stereotype of someone's culture, gender, heritage, age, or religion.
 - Costumes that mimic or imitate another person or group of people in our community.
- Students who choose to not be in costume are to be in winter uniform.

Thank you for your cooperation in this matter.



School Financial Statements

AVAILABLE UPON REQUEST

Our School Audited Financial statements for 2022-2022 will be complete at the end of the month. Feel free to email our PEC treasurer or myself regarding school financial statements, or with any other financial inquiries. pec@ess.vancouver.bc.ca

St. Francis of Assisi

Our theme for the month of October is respect for creation. Our Saint is Saint Francis of Assisi. Saint Francis of Assisi was an Italian Catholic cleric who founded the Franciscan Order known through prayer, joy, poverty, evangelization and respect for creation. He was canonized in 1228 and commemorated on October 4th.



He was born in Assisi (Italy) in 1182 to a wealthy family but felt unfulfilled. As he listened to a passage from the Gospel, he was inspired to spend his life loving all creation. He then transformed his life, made himself poor and announced the Good News.



Birthdays at School

Each teacher has a special way to celebrate your child's birthday in class. We understand that parents may want to celebrate with the class. Due to allergy concerns and no parental permission, if you wish to share something with your child's classmates, please consider sharing small healthy treats (ie. apples, oranges, nut-free cookies) or small items such as erasers/pencils, etc. **Please make arrangements with the teacher well in advance.** Thank you for your cooperation.



Congrats!

Congratulations to Mme Mills (nee Johnson) on her wedding! Wishing her every happiness and grace in this new life!

November



NOV 1: All Saints Day (come dressed as your favourite saint) each

NOV 2: Photo Retakes

NOV 5: Spirit Day (gr.7's)

NOV 9: Remembrance Day, school assembly at 11 am (all welcome)

NOV 10: Parent-Teacher Interviews (book your timeslot on the [OnVolunteers Parent Portal](#))

NOV 13: Remembrance Day (observed) NO SCHOOL

NOV 23: Kindergarten 2024-25 Open House - *spread the word!*

NOV 26: School choir singing at 11:00am mass at BSP

NOV 26: ESS Advent Market (Festival des étoiles/Festival of Stars)



All Saints Day November 1st

Who Are the Saints? Saints are like superhero friends in Heaven. They are people who lived some time ago and did really wonderful things. They loved others, helped those in need, and showed us how to be better people. They are like our role models.

Why Do We Celebrate All Saints' Day? All Saints' Day is a day to remember and honor these special people. It's a day to be thankful for the love and goodness they brought into the world. We also ask them to pray for us from Heaven, just like we ask our friends and family to pray for us.

How Can We Be Like the Saints? Even though the saints lived a long time ago, we can still learn from them. We can be kind, help others, and try to make the world a better place, just like they did. When we do these things, we are being like the saints.

Activities for All Saints' Day at ESS:

- [Dress up](#) as your favorite Saint or class saint (more details in class newsletters)
- Each class has chosen a saint to learn about and present to the whole school
- All Saint's Day Assembly Nove 1st at 9:15 am (parents welcome!)
- All Saint's museum gallery prepared by our grade 7s (based on chosen Saint for confirmation)

All Saints' Day is a day of celebration and inspiration. It's a day to remind us that we can all be a little bit like the saints by showing kindness and love to others. So, let's celebrate All Saints' Day by being the best and kindest versions of ourselves. Just like the saints, we can make the world a better place, and that's something to be very proud of.

All Souls Day November 2 and Remembrance Day November 11

If you have photos of family members & friends who have served in the military and would like them to be presented in this year's Remembrance Day ceremony, please email them to tamaki@ess.vancouver.bc.ca

Emails must have "Remembrance Day Family Photo(s)" in the subject line.



Photo Retakes - November 2

Bring your smiles! Photo retakes will be on Thursday, November 2nd. **FULL Winter Uniform** required (including tie).

Do you have family or friends who serve(d) in the military?



ESS

KINDERGARTEN OPEN HOUSE



MATERNELLE 2024-2025

Thursday, November 23, 2023

5:00pm - 6:00pm

École St-Sacrement is a Roman Catholic French-Immersion K-7 Elementary School in the heart of Vancouver! Learn more about our school and community at our Open House.

**RSVP
today!**



*Ici, on parle
français!*

LOCATION:
**kindergarten
classroom**

Enter through front door
and sign in at the office



RSVP here.



ÉCOLE ST-SACREMENT
ECOLESAINTSACREMENT.CA



Merci
A BIG
THANK YOU!



MARCHETON
2023



ESS



WALKATHON 2023

Thank You Volunteers
We couldn't have done it without you!



Canada Helps ESS 2023 Walkathon

We are still collecting donations online

\$350 MINIMUM GOAL
PER FAMILY

THANK YOU FOR THE COMMUNITY EFFORT!

We are close to reaching our goal!



**Your child will receive
a ticket for every \$100
raised and will be
entered into the draw
for some amazing
prizes!**



ESS ELITES SPORTS



Cross Country

Congratulations to all our athletes who participated in the CISVA Cross-Country meet which was hosted at Swangard by our school. A big thanks goes to the parent drivers and cheerleaders as well as our coaches M. Douo, Mme El-Khourie, and Mme Hoyek, and Mme Mykyte for being this year's Meet Director.



Soccer

Great start to our Soccer Season et un gros merci à M. Lukas et M. Douo and all parent drivers and volunteer referees.

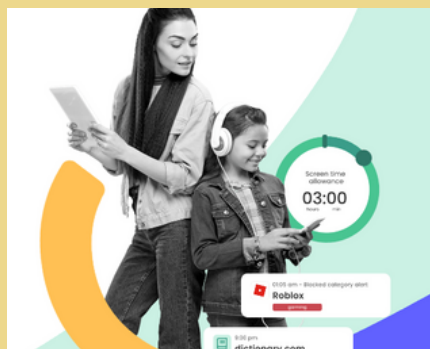


Volleyball

Volleyball season has begun! Stay tuned for updates and photos. Continue to cheer on our Elites! Basketball starts in December!



HELPFUL LINKS FOR PARENTS....



QUSTODIO

PARENTAL SCREENS CONTROL TOOLS

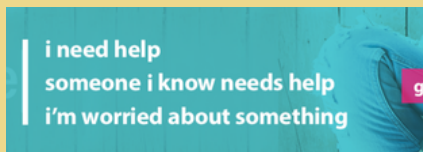
Over 6 million parents trust Qustodio's parental control tools to keep their kids' screen time safe and balanced on every device—all from a single dashboard! From managing internet time to blocking websites and apps - this tool is trusted by many families at our school!

[DOWNLOAD](#)

ONLINE SAFETY

PLEASE READ - HELPFUL LINKS + ARTICLES

erise is all about building safe and caring school communities. This includes empowering students, parents, educators and the community partners who support them to get help with challenges, report concerns to schools, and learn about complex issues facing students.





Dynamite Basketball

(External Basketball Club)



Dear Prospective Parents,

Are you looking for the perfect program to ignite your child's passion for basketball and help them reach their full potential on and off the court? Look no further! At Dynamite Basketball, we're excited to introduce you to our comprehensive training programs that have consistently made a difference in the City of Vancouver for over eight years.

Why Choose Dynamite Basketball?

1. Personalized Attention and Expertise:

Our team of experienced coaches comprises high-level university, college, and high school coaches, provincial team evaluators, certified mental coaches, and educators. We believe in the uniqueness of each player, and we tailor our training to your child's specific talents and areas for improvement. With us, your child will receive personalized guidance and support to help them thrive on and off the court.

2. Proven Track Record:

With over eight years in the business, Dynamite Basketball has consistently delivered world-class training that has transformed athletes into the best versions of themselves. Our alumni have achieved remarkable success, and your child can too.

Grade 5, 6, and 7 - Winter Teams:

For young aspiring athletes, our Winter Teams program offers an incredible opportunity. With tryouts, tournaments, and regular practices, your child will experience the thrill of competition and the growth that comes with it.

Key Details:

Tryouts: November 21st and 23rd at Blessed Sacrament.

West Coast Clash: Dec 1st - 3rd (Richmond Oval)

Snowball Classic: Dec 16 and 17th (SFU, LEC, and surrounding area)

New Years Bash: Jan 27 and 28th (SFU, LEC, and surrounding area)

BC Youth Championships: March 2-3 (SFU, LEC, and surrounding area)

- Weekly Schedule: Tuesday (Lord Tennyson), Thursday (Blessed Sacrament), and Saturday (Blessed Sacrament) practices

Join the Dynamite Basketball family today and witness the incredible transformation your child can achieve. We're committed to nurturing their passion, confidence, and skills to excel in basketball and in life. Please don't hesitate to reach out if you have any questions or need further information. We look forward to welcoming your child into our dynamic community!

Best Regards,

Brodan Thiel

Dynamite Basketball Program Director

Brodan Thiel: Founder, Coach and Head of Teams, BASc, BEd, MEd, CMC,

Dynamite Basketball - Vancouver's Basketball Club

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